



## GLUTEN FREE MENU

### INDIVIDUAL NIBBLES

OLIVES £3.00 | VG

GLUTEN FREE BREAD £3 | VG  
Rapeseed oil or salted butter / vegan spread

GARLIC PIZZA BREAD £6 | VG  
Add cheese or plant based cheese £1.50

### SMALL OR LARGE PLATES

**NOODLE SALAD** £7 / £12 | VG  
Rice noodles, carrots, cabbage, onions, peanuts,  
bean sprouts, ginger, lime, chilli, sesame seeds

**CHARCUTERIE BOARD** £9 / £16  
Chorizo, salami, prosciutto, cornichons,  
remoulade, bread

**CRAB SALAD** £9 / £16  
Handpicked local crab, mixed leaves,  
lemon mayo, spring onions

**PILOT BOAT SALAD** £7 / £12 | VG  
Mixed leaves, sundried tomatoes, olives,  
croutons, red onion, house dressing  
Add cajun chicken £4, crayfish tails/smoked salmon £5

### WE ♥ LOCAL

Charmouth Bakery (Charmouth)  
Kingfisher (Brixham)  
West Country Catch (Weymouth)  
Co Meats (Axminster)  
Foots Eggs (Sherbourne)  
RD Johns (Newton Abbot)  
Last Course Patisserie (Cullompton)  
West Country Veg (Newton Abbot)

PLEASE BE PATIENT, ALL OUR FOOD IS COOKED FRESH TO ORDER

### FISH

**GRILLED CORNISH HAKE** £17  
Buttered new potatoes, seasonal greens, lemon butter

**GRILLED COD** £8 / £15  
Thick cut chips, crushed peas, tartare sauce

**CIOPPINO** £16  
Today's market fish, spicy tomato & fennel broth, bread

**TODAY'S LOCAL CAUGHT  
GRILLED FISH** £18  
Please ask for today's choice

### PASTA

**BEEF RAGU** £16  
Slow cooked shredded beef, tomato, herbs, red wine

**DORSET CRAB** £18  
Handpicked local crab, chilli, ginger, lemon, coriander

**POMODORO** £11 | VG  
Fresh basil

**WILD MUSHROOM,  
THYME & LEEK** £16 | VG  
Soya cream, white wine sauce

### GRILLS

**CAJUN CHICKEN BURGER** £14  
Gluten free bun, mayonnaise, gherkin,  
gem lettuce, skinny fries

**PILOT BOAT BURGER** £14  
Gluten free bun, tomato relish, gherkin,  
gem lettuce, skinny fries  
Add to your burger cheddar, Dorset Blue, goats, plant based  
cheese, bacon, caramelised onions £1.50 EACH

**WEST COUNTRY  
8oz SIRLOIN STEAK** £22  
Thick cut chips, diane sauce

### 12" PIZZAS

PLANT BASED CHEESE AVAILABLE

**MARGHERITA** £10 | V  
Mozzarella, basil, tomato sauce

**SMOKED SALMON,  
CRÈME FRAICHE & DILL** £14  
Mozzarella, tomato sauce

**PEPPERONI** £13  
Mozzarella, tomato sauce

**MEDITERRANEAN** £14 | V  
Mozzarella, tomato sauce, roasted vegetables, olives

**SPICED BEEF** £14  
Mozzarella, chilli's, spring onions, tomato sauce

**EXTRA TOPPINGS** £1.50

**DORSET HAM & MUSHROOM** £13  
Mozzarella, tomato sauce

**WALNUT, CARAMELISED RED ONION  
& GOAT'S CHEESE** £14  
Mozzarella, tomato sauce

**CRAYFISH TAILS** £15  
Mozzarella, tomato sauce, olives, spring onions

### SIDES

**THICK CUT CHIPS** £4

**SKINNY FRIES** £4

**BABY MIXED LEAVES** £4

**BUTTERED NEW POTATOES** £4

**SEASONAL GREENS** £4

**REMOULADE** £4

### SANDWICHES

SERVED 12-6PM

**DORSET HAM** £6  
Pickles, gluten free bread

**SOMERSET CHEDDAR CHEESE** £6 | V VG  
Pickles, gluten free bread

**PROSCIUTTO** £7  
Remoulade, gluten free bread

**HUMMUS & ROASTED RED PEPPER** £6 | VG  
Gluten free bread

**HANDPICKED LOCAL CRAB** £12  
Gluten free bread

**SMOKED SALMON & CRÈME FRAICHE** £7  
Gluten free bread

ALL OF THE ABOVE PRICES ARE INCLUSIVE OF VAT.

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR REQUIRE INFORMATION ON INGREDIENTS USED IN OUR DISHES/DRINKS.